

# ***SOMS Wellness Extravaganza***

**Calling all South Orange and Maplewood  
STUDENTS and Parents!**

We are excited to bring you our **FIRST EVER**  
**South Orange Middle School Wellness Extravaganza!**



**When → Thursday, April 16, 2015**

**Where → SOMS Gymnasium**

**Time → 6:30-8:30 pm**



**Sponsored by**

**YouthNet and Governor's Council on Alcoholism and Drug Abuse**

## **Check out what we have in store for you:**

- Free food and drinks
- Free raffle of SOMS gear, gift cards, gift baskets, etc.
- Free health screenings- glucose, backpack screening, cholesterol, blood pressure, vision and more...
- Special performances
- Cooking demonstrations
- Free giveaways at EVERY booth
- First 200 students to show up receive customized ear-buds.
- Drum circle and jazz band will perform
- Free chair massages



# Participating Vendors Include

\*Retro Fitness \*South Orange Police \*Clean and Cool \*Total Health \*South Orange Fire Department \*Janes Juice \*Viva Z Club \*DandiFitness \*Chef Dellamore \*South Orange CERT \*Energy Star \*NJ Horizon Van \*Wellspring Health Center \*NJ Eye Institute \*South Orange Department of Health \*South Orange Dental Center \*Retro Fitness \*South Orange Police \*CarePoint Health \*Kessler Rehabilitation Center \*Jersey Cares \*Mothers Against Drinking and Driving \*South Orange Department of Health \*Energy Star (Environmental Protection Agency) \*Wellspring Health Wellness Center \*Diane Thomson from Creative Organizing \*NJ Horizon Van \*American Heart Association \*New Jersey Eye Institute \*Psychologist Amy Hartford \*Heidi Miller Speech Therapy \*CommuniKids \*Anti-bullying Rapper and Break Dancer Ryan Armstrong \*Girls Leadership Institute \*ADAPT \*Girl Scout Troops \*Spectrum Club from Columbia HS \*SOMA Skin & Laser, LLC \*Newark Beth Israel Medical Center \*MedExpress Urgent Care \*Somatics Loft \*Wells Fargo \*St. Barnabas \*Studio 509 Fitness, Wellness and More \*South Orange Chiropractic Center \*Whole Foods \*Essex County College of Public Safety \*YouthNet \*SOMSD PE Department \*SOMS and Columbia Nurses \*Pat Johnson from Pomptonian Food Services \*Newark Community Health Centers Inc.