



Overlook Van  
**Blood Pressure  
& Blood Glucose  
Screening**

Find out if you are at risk for diabetes or high blood pressure with a FREE\* screening.

Educational materials and individual counseling are also provided.

**Thursdays:**

**August 18**

**September 15**

**October 20**

**November 17**

**December 15**

**1:00-3:00 pm**

**Hilton Branch Library, 1688 Springfield Ave.**

For an appointment, call 1-800-247-9580.  
Drop-ins are welcome.



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