

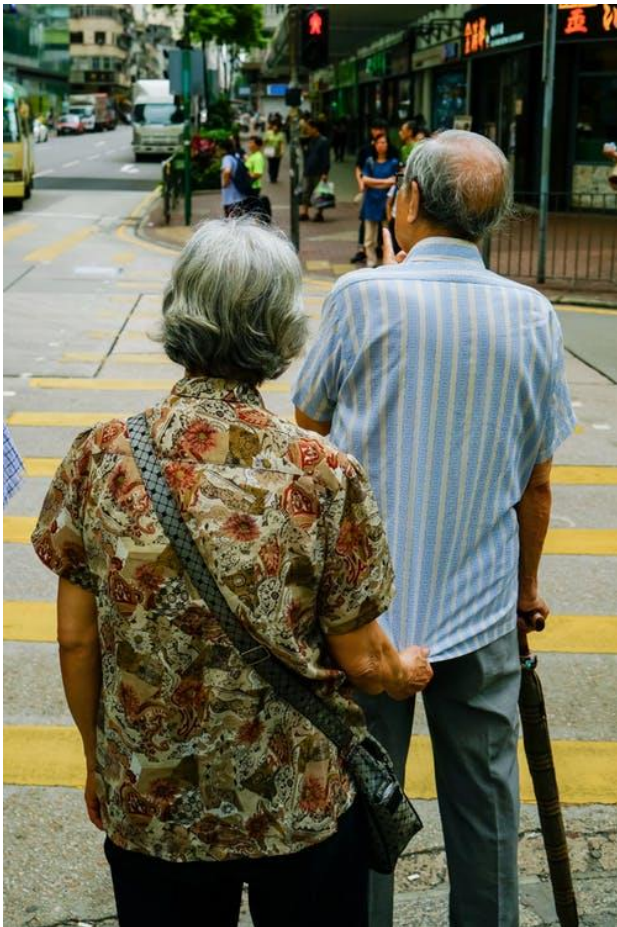
# Attention Seniors!

Please join us  
Tuesday, April 9<sup>th</sup>  
10 am to 10:30 am



**Learn How to Walk Safely in the Neighborhood &  
Benefits of Walking and Healthy Living**

**Giveaway prizes & a helpful, interactive presentation**



*“The rate of pedestrian deaths where seniors are involved is 19%. Pedestrians ages 65 and older accounted for an estimated 10% of all pedestrians injured in 2013 alone.” (CDC.gov, Injury Prevention & Control: Motor Vehicle Safety)*

**Maplewood Senior Center**  
106 Burnett Ave, Maplewood, NJ 07040