



Ways to Make a Difference

ATTEND THE GREEN BEAN GALA

(Oct 3, 2025, 6:30 PM, Maplewood Country Club)

Celebrate fresh food access with MEND! Scan to buy tickets or become a sponsor, and be sure to wear your greenest fashions.



BECOME A PANTRY PAL

Team up with a local pantry by partnering your school, business, or group to provide regular donations of essential items and offer steady support to families in need. Scan to fill out the *Interest Form*.



JOIN FHEC (FOOD & HEALTH EQUITY COALITION)

Work alongside MEND and other community partners to organize and advocate on food access, school nutrition, and broader food justice issues. Scan to learn more about FHEC.



VOLUNTEER

Help at mobile markets, sort produce, assist at events, and more! Scan to find an opportunity that fits your schedule (weekday availability is most needed right now!)



CORPORATE VOLUNTEERING

Bring your team together to make a difference! Corporate volunteer days include food packing and team-building activities tailored to your group. Email info@mendnj.org to get started.